

TENTATIVE PROGRAM SCHEDULE (*subject to change: a final schedule will be shared with all skaters a week prior to the camp.)

	Monday 8/7	Tuesday 8/8	Wednesday 8/9	Thursday 8/10	Friday 8/11
9-10am	Jump Clinic (toe jumps)/ Free Skate	Spin Clinic/ Free Skate	Edge Clinic/ Free Skate	Ice Dance Clinic/ Free Skate	Jump Clinic (edge jumps)/ Free Skate
10-11am**	Artistry: Components & Technique; Interpreting Different Styles	MIF group lessons/ Private lessons: Focus on choreography/ showmanship/ performance	Freestyle group lessons/ Private lessons: Focus on choreography/ showmanship/ performance	MIF group lessons/ Private lessons: Focus on choreography/ showmanship/ performance	Freestyle group lessons/ Private lessons: Focus on choreography/ showmanship/ performance
11-11:15am	Break/Snack Time	Break/Snack Time	Break/Snack Time	Break/Snack Time	Break/Snack Time
11:15-11:45am	Yoga/stretching	Off-ice training	Yoga/stretching	Off-ice training	Yoga/stretching
11:45am-12:15pm	Off-ice discussion: Power of Mind: meditation and visualization	Off-ice discussion: Practice Habits, setting goals	Off-ice discussion: Defining Joy, Skating for Ourselves; meditation and visualization	Off-ice discussion: choreographic process, enhance artistry through off-ice practice	Off-ice discussion: The impact and influence of skating on our futures; meditation and visualization
12:15-12:30pm	Wrap-up	Wrap-up	Wrap-up	Wrap-up	Program Survey

** Magic Blades Figure Skating Club and Hanaway Ice Arena are anticipating holding a competition the Saturday following this camp. The 10-11am focus on artistry, performance, showmanship, and choreography is geared to preparing skaters and their programs for this competition. Should those plans change, the program schedule will also adjust – focusing instead on such skills by preparing a group performance to be performed on the concluding Friday of the camp.

Skaters should come prepared each day with the following:

*Water

*Snacks

*Skating Gear

*Extra layers

*Notebook & pen/pencil (optional)

*Appropriate clothing & footwear for off-ice work

*Program music, if applicable (send to Beth via email, or bring phone/device – for music purposes only!)